

Ronald McDonald House Meal Ideas

Each meal should consist of an entrée with a meat, starch, vegetable, and dessert. We also ask that you provide a vegetarian dish. Please be creative!

Entrées

- chicken
- turkey
- seafood
- pork
- chili
- low- fat casseroles
- soup and stews
- salad, pasta or potato bar
- ribs
- roasts hamburgers/hot dogs
- Italian, Mexican or Chinese themed meals
- lunchmeats
- breakfast for dinner (pancakes/French toast, eggs, breakfast meats)

Side Dishes

- Green salads with assorted dressings
- Vegetable salads: potato, pea, coleslaw, bean
- Fruit: fresh, canned, salads, applesauce
- Potatoes: mashed, scalloped, French fried or in casseroles
- Rice: brown, wild or flavored
- Pasta: macaroni and cheese, fettuccine or spaghetti, ravioli
- Vegetables: raw, cooked, steamed, grilled, cheese covered, sautéed, stir fried or in casseroles
- Beans and peas

Breads and Rolls

- white or wheat sliced bread
- hamburger/hot dog buns
- bake and serve dinner rolls
- hoagie or submarine buns
- dinner rolls
- croissants
- corn bread
- potato rolls
- biscuits
- garlic bread
- Italian or French bread
- corn or flour tortillas
- pita bread
- bagels
- muffins
- cinnamon rolls

Condiments

- assorted jellies
- butter
- coffee creamer
- honey
- ketchup
- mayonnaise
- mustard
- pepper
- salad dressing
- salt
- soy sauce
- steak sauce
- sugar
- sugar substitute
- syrup
- Tabasco sauce
- bacon bits
- cheddar cheese, shredded
- chives
- crushed red pepper
- guacamole
- onions, diced or sliced
- parmesan cheese, grated or shredded
- salsa
- sour cream

Desserts

- cheesecake
- carrot cake
- fruit sorbet
- dessert ravioli
- fruit cobbler
- ice cream
- cookies
- brownies
- assorted cakes or pies
- watermelon or cantaloupe
- yogurt parfaits
- fruit pizza
- cupcakes
- root beer floats